



# Are You Wearing the Right Footwear to Stay Safe?

Take a look down at the shoes you're wearing and ask yourself the following questions:

- Do your shoes cover your toes?
- Do they cover your heels?
- Do they fit snugly?
- Do they provide support?
- Do they have a non-slip tread?
- Are the heels appropriate for the day ahead?

If the answer is “no” to any of the above, you may want to reconsider your footwear choices if you want to reduce the risk from a slip or fall. And if the forecast calls for wet, snowy or icy weather, wear a pair of boots and keep an extra pair of shoes in your car — just in case!

UnitedHeartland.com  
1-800-258-2667

 UnitedHeartland

United Heartland is the marketing name for United Wisconsin Insurance Company, a member of AF Group.

 AF Group

AF Group (Lansing, Mich.) and its subsidiaries are a premier provider of innovative insurance solutions. Insurance policies may be issued by any of the following companies within AF Group: Accident Fund Insurance Company of America, Accident Fund National Insurance Company, Accident Fund General Insurance Company, United Wisconsin Insurance Company, Third Coast Insurance Company or CompWest Insurance Company.