



6 Ways to Stay Aware of Your Surroundings

1. Plan ahead.

- Let someone know where you are going and when you plan to be home.
- Travel in daylight hours whenever possible.

2. Dress smart.

- Wear sensible shoes and clothing — no expensive jewelry.

3. Be alert.

- Carry as little as possible — just a small amount of money and driver's license.
- Don't use cell phone while driving or walking.

4. Be on the defensive.

- Have car keys linked in your fingers.
- Be ready to press key fob car alarm if you feel in danger.
- Get chain or lanyard with whistle

5. Park your car only in areas you feel comfortable with.

- Park in well lit areas — stay in locked car.
- Drive away if feel unsafe.

6. Walk confidently.

- Walk with purpose and confidence.

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