



# Slip, Trip and Fall Prevention for Health Care and Social Service Organizations

Health care, long-term care and social service organizations are faced with a unique set of slip, trip and fall (STF) exposures in and around their facilities. Staff within these organizations provide a variety of services for patients and clients that expose them to STF injuries. These injuries are common in patient care areas (bathing areas and restrooms), food service areas/kitchens, entrances and parking lots. Employees traveling off premises to provide home health care services or visit residential treatment centers are also exposed to the outdoor STF hazards, such as rain, snow, ice and stairs.

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## STF Informational Resources

- [CDC.gov/niosh/](http://CDC.gov/niosh/)
- CLMI STF Training DVDs: [UnitedHeartland.com](http://UnitedHeartland.com)
- [BLS.gov](http://BLS.gov)

## Health Care and Social Service Injury Statistics

According to the U.S. Bureau of Labor Statistics [2011], the incidence rate of lost-time injuries from STFs in the health care and social service industries was 36.4 per 10,000 employees. STFs as a whole are the second most common cause of lost-time injuries in these sectors.

## NIOSH Publication and Research

A comprehensive publication by the National Institute for Occupational Safety and Health (NIOSH) contains valuable information on the top STF exposures along with tools for prevention. The publication includes a summary of their research, which indicates the implementation of a comprehensive STF prevention program can lead to significant declines in STF-related workers' compensation claims.

## UH Loss Control Consulting and Assistance

As part of our service strategy, the United Heartland Loss Control staff is available to help our health care and social service policyholders analyze their slip, trip and fall losses, perform a facility assessment and develop an action plan to improve current slip, trip and fall prevention programs.

Contact your United Heartland Loss Control representative or visit us at [UnitedHeartland.com](http://UnitedHeartland.com) for more information.

